



Grooming

Waxing

- Eyebrow R90
- Upperlip R80
- Chin R80
- Cheek R90
- Underarm R110
- Half Arm R160
- Full Arm R190
- Chest R210
- Back R210
- Bikini R180
- Brazilian R210
- Full Bikini R260
- Half Leg R180
- Three Quarter Leg R210
- Full Leg Wax R270

Tinting

- Eyelash Tint R110
- Eyebrow Tint R95
- Lash & Brow Tint R180



Hands & Feet

- Express Manicure 30min - R210
- Express Pedicure 45min - R280
- Classic Manicure 45min - R260
- Classic Pedicure 60min - R320
- Spa Manicure 90min - R370
- Spa "Silky Soft" Pedicure 90min - R460
- Gel Polish Application 30min - R235
- Add Gel Polish 15min - R65
- Gel Soak off (when having a manicure or pedicure) 30min - R80

Hydrotherapy Facilities

Kneipp Therapy Pools

Involves the use of hot and cold water to stimulate nerves, blood vessels and internal organs. Treatment improves blood circulation and boosts the immune system.

Floatation Therapy

The pool is heated to maintain the body's natural temperature. The body becomes almost weightless, and a deep state of relaxation is achieved in 15-20 minutes.

Equivalent to 4 hours sleep.

30min - R250

Rasul

Exfoliator & body mask is provided to exfoliate, refresh & renew the skin. Steam at intervals provides deep penetration of ingredients & leaves the skin soft & supple, finishing off with a cool rain shower.

45min - R370

Please take note:

- The use of our spa pools is complimentary when booking any spa services.
- A day pass to use the spa pools are available during week days:

- Hourly Rate R90
- Daily Rate R290

Couples' Pods

For just a small additional fee you and your partner can enjoy the privacy & exclusivity of a luxury pod on the river bank. You will have your own shower & lavatory & can enjoy a private lunch on the pod's balcony.

R195 per couple

Enquire about our Midweek Promotions & In-Room Services

30% Pensioners Massage Discount

Spa Etiquette

- Guests are requested to be courteous during their time at Seasons Spa & maintain quiet.
- Please arrive 30minute before your allocated treatment time.
- Late arrivals may result in your treatment time being shortened, the full treatment cost applies.
- A credit card or EFT payment will be required to guarantee reservations for all non-hotel guests.
- We regret, no children under the age of 12 are allowed in the spa.
- Bathing suits must be worn always when using the facilities.
- Seasons Spa reserves the right to charge a 50% late cancellation fee on bookings cancelled less than 24 hours prior.
- Promotions carry terms & conditions on validity.
- Seasons Spa cannot be held liable for loss or damage, please take care of all your belongings.
- Prices are subject to change without prior notice.

Contact Details

- Bookings: 087 150 1888
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- S25 41.730 E027 51.411



seasons

golf • leisure • spa

Your Relaxation Destination

Skin Care

TheraVine™

TheraVine™ Hydrating Facial

A facial designed for extreme relaxation with the aromatic scent of essential oils designed to deeply hydrate your skin, leaving you with a radiant complexion.

60min - R505

TheraVine™ Balancing Facial

A deep-cleansing facial to gently remove surface impurities using a customised purifying mask while specially selected aromatic botanicals restore balance to the skin.

60min - R505

TheraVine™ Mature Facial

Firm and visibly tone the skin whilst smoothing out wrinkles. Skin is left looking more radiant and uniform.

60min - R540

MelanoVine™ Pro-brilliance Brightening Facial

Diminish uneven skin tone while minimizing the appearance of fine lines and wrinkles. Targeting hyperpigmentation with scientifically advanced actives and natural lightening plant extracts, this treatment will leave your skin looking luminous and feeling radiant.

60min - R645

UltraVine™ Advance Cellular Gold Facial

Using TheraVine™'s breakthrough anti-oxidant technology, this anti-ageing concept along with the revolutionary soft 24K gold and diamond dust collagen film mask, promotes the skin's DNA repair system while luxuriously soft and delicately scented creams, serums and balms transport your skin to an advanced state of renewal.

90min - R695

**Ask your therapist
for a free skin consultation when
having your treatment**

Six Sensational Skincare

Six Heavenly Skin Journey

A fantastic express treatment for all skins.

45min - R460

Six Timeless Skin Journey

A classic facial treatment that provides you with a unique sensorial & effective anti-ageing treatment. It restores the natural luminosity to your complexion and revitalizes tired, dull skin whilst smoothing out expression lines and wrinkles.

60min - R620

Sensational Caviar Skin Treatment

The ultimate in relaxation and pampering, this skincare experience combines an indulgent hot oil back massage, a freshly mixed anti-ageing Caviar peel-off mask, a double exfoliation & a heavenly signature facial massage.

90min - R960

Anti-pollution Skin Journey

A facial suited to city skins with a freshly mixed self-heating facial mask aimed at fighting pollutants & leaving the skin fresh & revitalised.

60min - R490

New Skin Reveal

A facial including an alpha hydroxy acid peel that still delivers the unique SIX sensorial experience with our relaxing warming and lifting massage. Instant results with refined pores, smoothed lines, clearer and more even complexion and super glowing and radiant skin.

45min - R550

Men's Skin Journey

The classic men's facial for the man looking for a more radiant & smooth completion.

60min - R710



Massages

•Back & Neck	30min - R410
•Back & Neck	45min - R520
•Swedish	60min - R610
•Swedish	90min - R840
•Deep Tissue	60min - R690
•Deep Tissue	90min - R920
•Hot Stone	60min - R720
•Hot Stone	90min - R960
•Aromatherapy	60min - R630
•Aromatherapy	90min - R870

Add-on:

•Hot Stone	R110
•15min Massage	R190
•Paraffin Wax	R110
•Foot Peel	R210
•Back Scrub	R120

Packages

Blissful

Back, neck & shoulder massage & Classic Pedicure.

R650

Stress Relief

Back, neck & shoulder massage, Floatation therapy, Express Manicure & Express Pedicure.

R1035

The Seasons Escape

Escape with Seasons. Enjoy our floatation Therapy, Rasul Chamber, Sparkling Wine & Lunch

Includes: Complimentary Spa Access.

R690 | R1150 per couple

Half Day Package

A luxury Rasul Treatment, 60-minute Swedish massage, 60-minute facial.

Includes: Lunch, smoothies, glass of sparkling wine & complimentary spa access.

R1470

***ADD R195** To choose to have your treatments in a private couples' pod

Corporate Packages

Option 1:

Back Exfoliation & 60-minute Swedish Massage.

R540

Option 2:

Hydrating Facial, Floatation Pool & 60-minute Massage.

R990

Option 3:

Hydrating Facial, Spa Pedicure, 60-minute Massage & Lunch.

R1290



Bachelorette & Ladies Packages

Ladies Only

Ancient Luxury Rasul Treatment, 60-minute Massage & 60-minute Hydrating Facial.

R965

The Bridal Party

Ancient Luxury Rasul Treatment, Spa Manicure & Pedicure, 30-minute Massage.

R1100

**Please Note: Only Available
Monday - Thursday. Excluding Public Holidays**